NoonLight Panic Button

There's a smartphone app that could be useful for you. It's a panic button app, which you can use in a split second to summon emergency services.

If you go to your app store and download "Noonlight", once you open it, it will walk you through the steps to set it up. You'll need to enter some basic info like name and address, and your phone number so they can send you a verification code. During the set up process, you'll pick a 4 digit PIN code.

Basically, it's a button that you push if you need emergency services. (You turn on your location services on your phone, so it will know where you are.)

You press and hold the button when you feel you're in danger but aren't sure if you need emergency services – for instance, walking to your car in a parking lot after dark. If you take your finger off the button, you have 10 seconds to enter your 4 digit code, otherwise they send police. If you don't enter the code, they also start texting and calling you to check on you, and to find out what kind of emergency you have, etc.

If you are sure you do need emergency services, you just hit the button and immediately take your finger off it. They send emergency services immediately.

It also comes with a widget, so that you can use it without even unlocking your phone.

There's also a section called "Timeline", usually accessed in the lower left corner, where you can enter any special information about what your situation is, and it keeps that stored so they have the info if you press the button. For instance, if your ex is stalking you, you can enter that in this section, and emergency services will have a better idea of what they're getting into.

There will be a red or pink dot on the screen, usually in the upper left corner, which accesses the menu. There's also a tutorial there, in case you ever need a refresher as to how it works.

REMEMBER:

Whenever you're feeling unsafe, HOLD the button.

You can hold for as long as you feel unsafe OR treat this like a panic button (quick press and release)

When you release the RELEASE the button, they send help to your exact location.

But if you're OK, you'll have 10 seconds to enter your PIN, and they'll cancel your alarm.

PIN = I'm OK NO PIN = Send Help!

If you forget your PIN, a NOONLIGHT dispatcher will immediately text you to verify your safety, and can cancel your alarm before police arrive.

The app works 24/7, and the dispatchers will stay with you through any emergency.