

# OTERO COUNTY RESOURCE GUIDE

Area code (575) & location Alamogordo *if not specified.*

## Public Health Services

**Otero County Health Office**, 437-9340, 1207 E. 8<sup>th</sup> St.  
Closed 12-1 for lunch daily

- **Women, Infant, Children Food Supplement (WIC)**
- **Family Planning, STD testing; immunizations**
- **Children's Medical Services;**
- **Breast & cervical cancer screening for uninsured**
- **Birth certificates *Mondays only 9-4, closed for lunch***
- **Harm Reduction** – syringe exchange in person. If 10+miles away can request mail kit 505-355-8917

**WIC - Alamogordo** 437-9093 Open M - F 8 - 5

**WIC - Holloman** 572-7369, Bldg 222 HAFB. *M & Fr*

**WIC - Tularosa & Mescalero** call 437-9093 for times

**WIC - Chaparral: 575-824-4701**

**Families First** cell 505-660-7694 office 575-437-9340 x 6

## Pre-natal Care

**Women's Health Center**, at the Pavilion, 2559 Medical Dr Suite D; (575) 446-5385

**Ben Archer Medical Center** 443-8133  
2150 S. Hwy 54, Alamogordo

**Pregnancy Help Center** 434-5525

Pregnancy Tests, Limited Sonograms

Pregnancy Verifications for Medicaid

Building Blocks Program, 24/7 Dads Group

Parent Power Workshops

## Pediatrics care

**Pediatrics of Alamogordo GCRMC**

2559 Medical Drive, Suite D

575-446-5650 with 24-Hour Answering Service

**Ben Archer Medical Center** 443-8133;

2150 S. Hwy 54, Alamogordo

**Bloom & Grow Pediatrics, Cloudcroft**

575-682-2002; 1315 Burro Ave

**Presbyterian Medical Services**

**Alamogordo** 1501 East 10th Street 434-2960

**Cloudcroft** James Cnyn (Hwy 82) 682-2542

**Tularosa** 111 Central Avenue 585-1250

**Chaparral** 204 Angelina Boulevard 824-8100

**Dr. Dan Moezzi & Dr. Kay Banikarim**

2474 Indian Wells 443-0339

**White Mountain Medical** 575-630-8350

121 El Paso Rd, Ruidoso

## Childbirth Classes

GCRMC OB Floor (575) 443-7640

LCMC OB Floor (575) 257-8275

NM Doulas (575) 495-2545 [nmdoulas@gmail.com](mailto:nmdoulas@gmail.com)

## Parenting Classes

CHINS Circle of Security 434-3011

Ben Archer - Welcome Baby 443-8133

Pregnancy Help Center - 434-5525

## Breastfeeding Assistance

**WIC in Alamogordo** 437-9093

GCRMC contact: 443-7652

## Hospitals:

**Gerald Champion Regional Medical** (GCRMC) 439-6100  
2669 Scenic Drive, Alamogordo

**Lincoln County Medical Center** (LCMC) 575-257-8200  
211 Sudderth, Ruidoso

## Sliding Scale Clinics – Federally Qualified Health Ctrs.

**Ben Archer Medical Center** 443-8133, 2150 S. Hwy 54;

**Presbyterian Medical Services** (PMS) clinics:

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft Hwy 82, west side of town 682-2542

Tularosa 111 Central Avenue 585-1250

## Material assistance OR financial assistance:

**Income Support Division** 437-9260 Or 1-800-826-4468  
2000 Juniper, Alamogordo.

<https://www.hsd.state.nm.us/lookingforassistance/apply-for-benefits/>

**Southwest Community Action** 437-1364 906 Adams  
Rent, mortgage, utility, prescription assistance.

<https://www.snmcac.com/programs-services/>

**Love INC** 439-5683 *Call for appointment*

1106 Ohio Ave - clothes; furniture; PNM fund; food

**Paula's Amazing Grace** 415-1388 & Facebook

**Salvation Army** 443-0845. 1900 E. 1st St.

9:30-11:30am & 2pm-4pm Mon.-Thurs. Household items, food, clothes, bus pass.

*(also see Housing Resources Guide)*

## Healthcare Assistance

**Otero Co. Health Services** 437-7427. 1101 New York Ave  
(Also - disposition of indigent deceased persons.)

**Health Insurance exchange:** 1-833-862-3935

<https://www.bewellnm.com/>

**GCRMC Community Connections** (patient support, resources navigation) 446-5771

## Counseling & Support- for mental crisis call 988

**NM CRISIS** 1-855 662-7474. App: **NM Connect**

Text 1-855-466-7100, TTY 1-855-227-5485

**PMS Behavioral Services** 437-7404. 2360 Indian Wells

**GCRMC Behavioral Medicine Outpatient** 446-5300

**GCRMC Behavioral Medicine Inpatient** 446-5310

**The Counseling Center** 488-2500. 1900 10th Street:

- Substance Use Counseling
- DWI School
- Otero Overdose Prevention, Facebook
- Community Reunification
- LGBTQ+ support

**Counseling & Support, continued**

**Brighter Days Alamogordo** C. Kasbohm 489-6171  
**Blue Sky Counseling** 443-6166  
**CHINS** – children’s counseling 434-3011  
**Open Minds Healing & Recovery** 489-4616  
**Pregnancy Crisis Center** 434-5525  
**Warm line** – certified peer support 855 466-7100  
**Inpatient addiction recovery** Mesilla Valley Hospital - 800-877-3500

*(also see Mental Health Resources Guide)*

**Sexual Assault Exam (SANE)**

24 hour Hotline 430-9485

**Sexual Assault Victim Advocacy Program** – serving victims with an IDD diagnosis. (505) 883 4630

**Domestic Violence**

**COPE Hotline** 24-hour 437-2673 (437-COPE)  
**New Mexico Coalition Against Domestic Violence** (Albuquerque) (505) 246-9240

**Tobacco cessation:** [aiquitline.com/](http://aiquitline.com/) Resources for quitting for Native Americans

1-800-Quit Now or [www.quitnownm.com/](http://www.quitnownm.com/)

**Diabetes Education** 437-0231, Otero Cooperative Extension Services or [www.pathstohealthnm.org/](http://www.pathstohealthnm.org/)

**Diabetes Management**

**Dr. Lancaster** at **GCRMC**, 2579 N Scenic Dr 446-5100

**VDex** – 2474 Indian Wells Rd. 488-2720

**GCRMC** –Diabetes & Nutrition Services 446-5085  
 2559 Medical Drive, Suite B

**Child Care Assistance**

**CYFD** 434-9770

**CHINS** 434-3011

**Early Childhood Intervention**

**Alamogordo Headstart** 434-6313

**Tularosa Headstart** 585-4818

**La Luz Headstart** 437-4485

**Zia Therapy Center** 439-4900

**Behavior Change Institute** 415-1249

**Car Seats**

**Ben Archer** 575-443-8133 or 575-373-3088

**Families First** (505) 660-7694

**APD Car Seat clinic** once per month 439-4325 x136

**Special Needs/ Developmentally Delayed**

**Zia Therapy Center**, 439-4900; 900 1<sup>st</sup> Street  
 Preschool services; services for developmentally delayed or disabled clients, respite. Early Intervention screening.

<http://www.ziatherapy.org/>

**Parents Reaching Out** (Albuquerque- serves all of New Mexico) (800) 524-5176 family support with special needs, information, referrals, support.

**Otero Co. Advocates for people with DD** 575 921-2193

**Children Youth Families Department (CYFD)**

434-5950 Adoption, counseling, day care subsidy, Information & referral. Protective services. Foster care.

**Child Protective Services hotline** (855) 333-7233  
 or #7233 from cell phone

**Housing Assistance**

**Housing Authority** 437-5621; 104 Avenida Amigos

**Habitat for Humanity** 437-6562; 1109 10<sup>th</sup> St

**HUD voucher program**, (575) 622-0881

**Las Rosas**, 1513 Fairview, Tularosa 585-9848

**Villa De Tularosa** 1205 Monte Vista 585-2859

**Weatherization Assistance Program** (575) 523-1639 or 1-800-657-8967 website: [swnm.org](http://swnm.org)

**NM Emergency Rental Assistance Program**

<https://www.renthelpnm.org/>

**Mescalero Apache Housing** (575) 464-9238

*(also see Housing Resources Guide)*

**Transportation Services**

<http://www.ztrans.org/> 439-4971

**Z-Trans** also provides **Para Transit** door-to-door

**Transportation: Blue Cross & Blue Shield.** Questions and cancellations 1-866-418-9829. **TTY (1-866) 288-3133**

**NM Medicaid patients:** Shuttle Ruidoso 877-903-7483

**Alamogordo Ride** (518) 488-7740

**Medicaid Dentists**

**Kids Kare** 439-5439

**Ben Archer Medical Center** 443-8133

**Smiles Forever We Care** 437-8994

**Blind and Visually Impaired:**

**NM Commission for the Blind**

408 N. White Sands, Alamogordo (505) 383-2281

**NM School for Blind & Visually Impaired**

1900 N. White Sands, Alamogordo (575) 437-3505

Vision Loss Support Group email: [4lorenzo@gmail.com](mailto:4lorenzo@gmail.com)

**Adult Education Services**

**PACE** at NMSU-A 439-3812 Group & individual instruction preparation for diploma equivalency exams; English as a second language (ESL); college prep.

**NMSU-Alamogordo** 575-439-3600 <https://nmsua.edu/>

**Self Help - legal referrals**

Self Help walk-in program 437-7310 x 146 & 147  
 Courthouse, 1000 New York Ave, 2<sup>nd</sup> floor. M – F 8-5

**Senior Centers; Senior Meals; Disability Resources:**

**Alamogordo Sr Ctr** 439-4150; 2201 Puerto Rico Ave  
 Information, services, Meals on Wheels and group meals

**Tularosa Senior Center** 585-4532; 35 Radio Road

**Sacramento Mountains Senior Center** (Three locations)

682-3022 <http://www.mtnseniors.com/>

**Commodity Supplemental Food Program (CSFP)**

575-622-8700 Available in Alamogordo, Tularosa & Mescalero. **Seniors only**, over age 60

**Aging & Disability Resource Center** 800-432-2080

**Independent Living Resource Center**

439-1112 v/tty; 9th & Cuba Ave. Advocacy for persons with disabilities and Medicaid Assisted Services Program

**Nurse advice lines**

**UNM 24-hour:** 1-877-925-6877

**Presbyterian** 1-888-730-2300

**Western Sky** 1-844-543-8996

### **Medicaid Member Services**

Presbyterian 1-888-977-2333  
BCBS 1-866-689-1523  
Western Sky 1-844-543-8996

### **Help lines/ Hot Lines - for mental crisis call 988**

Adult Protective Services (866) 654-3219  
COPE Crisis Line Domestic Abuse **local** 437-2673  
Sexual Assault Nurse Exam Hotline **local** 430-9485  
NM Crisis & Access Line (855) 662-7474  
NM Peer warm line (855) 466-7100  
PMS Behavioral Health (575) 437-7404  
CYFD Child Protective Services (855) 333-SAFE  
**or #7233 from cell phone**  
NM Child Support help line (800) 288-7207  
American Diabetes (800) 232-3472  
CDC AIDS Hotline (800) 232-4636  
National Child Abuse Hotline (800)-422-4453  
National Drug Abuse Hotline (800)-662-4357  
National Poison Control (800)-222-1222  
Suicide.org (866) 435-7166  
Agora Crisis Ctr. (866) 435-7166 or (505) 277-3013

[National Sexual Assault Hotline](https://www.nmnaa.org/): 1-800-656-4673

12th Judicial Victim Assist. (575) 437-3640

Child Support Hotline 1-800-288-7207

Legal Aid 1-833-545-4357

**LGBTQ+ support sites** [pflag.org](http://pflag.org)

<https://www.thetrevorproject.org/get-help/>

<https://www.healplusnm.org/>

**Mentoring** Big Brothers Big Sisters 434-3388

906 Virginia Ave.

**Vision needs/ eye-glass assistance**

Lions Club - application can be picked up at Twice Blessed Thrift Shop, 2920 N White Sands Blvd, Alamogordo

### **Support Groups**

Alcoholics Anonymous 430-9502 (Otero & Lincoln hotline)  
Groups in Alamogordo, Tularosa, Cloudcroft, Mayhill.

For up-to-date meeting days/ times/ locations:

<https://nm-aa.org/> or text 430-9502.

Al-a-Non support group: Our Savior Church, 437-2970

Thursdays noon, 1212 Washington, Alamogordo

Bethel Baptist Church 437-7311 M & Th 7pm 1316 Scenic

Over-eaters Anonymous Bethel Baptist, Thurs. 5:45 pm

Grief Support Group Bethel Baptist; Sundays 6pm  
except 1<sup>st</sup> Sunday/ month.

Post-partum support: (915) 637-6114

NAMI Family Support <http://www.nami-snm.org/>

Caregiver Support Group, GCRMC 439-6100

Gay Straight Alliance @ AHS 812-6500

The Counseling Center 488-2500. 1900 10th Street

LGBTQ group, additional group sessions.

Otero Overdose Prevention Program info on Facebook

### **Suicide prevention training:**

**Question, Persuade, Refer:** Maureen Schmittle, Public Health, 437-9340 x5 [maureen.schmittle@doh.NM.gov](mailto:maureen.schmittle@doh.NM.gov)

**Department of Veterans' services:** 437-4635

411 10<sup>th</sup> Street, room 107

**VA Primary Care Clinic – Alamogordo**

437-9195 White Sands Mall

**Veteran's housing assistance:**

**Veteran's Integration Center:**

<https://nmvic.org/apply/>

(575) 551-6659

1900 23rd Street

**Operation Homefront** 877-264-3968,

<http://www.operationhomefront.org/>

**Housing Assistance for Veterans (HAVEN)**

<https://www.fhllb.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx>

(call for availability of funds)

Lowe's Home Improvement 442-4000

Home Depot 443-8015

**USDA program for rehab grant**

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

**Social Security Admin** 1-866-563-9294 or 800-772-1213

### **Other Services**

Lost Medicaid card 1-888-997-2583

NM Workforce Connection 437-9210; 901 Alaska Ave

*Baby's First Wish* Newsletter 437-0231

**Reintegration After Incarceration Support:**

Wings For LIFE International

8226 Menaul Blvd NE #130

Albuquerque, NM 87110

505-554-6698 cell or 505-298-0985 office

[AnnEdenfield@WingsFLI.org](mailto:AnnEdenfield@WingsFLI.org)

<https://www.wingsFLI.org/>

### **COVID resources:**

<https://www.nmnativeledorgs.com/>

Native-Led COVID-19 Resource Map

<https://cv.nmhealth.org/>

COVID and M-Pox hotline 1-855-600-3453

NON-health COVID- related 1-833-551-0518

For more complete & specific lists, request the following:

- **Community Mental Health Guide** (from APS)
- **Food Pantry and Meal Resources Guides** at <https://oteroextension.nmsu.edu/health/food.html>
- **Housing Resource List**, call Maureen at 437-9340 x5

**To update info on this list, or request by email:**

**437-9340 x5 or [maureen.schmittle@doh.NM.gov](mailto:maureen.schmittle@doh.NM.gov)**