

OTERO COUNTY RESOURCE GUIDE

Area code (575) & location Alamogordo if not specified.

Public Health Services

Otero County Health Office, 437-9340, 1207 E. 8th St.

Closed 12-1 for lunch daily

- **Women, Infant, Children Food Supplement (WIC)**
- **Family Planning, STD testing; immunizations**
- **Children's Medical Services;**
- **Breast & cervical cancer screening for uninsured**
- **Birth certificates *Mondays only 9-4, closed for lunch***
- **Harm Reduction** – syringe exchange in person. If 10+miles away can request mail kit 505-355-8917

WIC in **Alamogordo** 437-9093 Open M - F 8 - 5

WIC in **Holloman** 572-7369, 741 W. NM Ave, HAFB

Open Mon & Fri 8:30 – 4:30

WIC in **Tularosa** 585-2163, 404 Fresno Thurs 8:30 – 4:30

WIC in **Mescalero** 464-0932, Wed. 9 – 4

Early Childhood Program building

Chaparral WIC office: 575-824-4701

Families First cell: 505-660-7694

office: 575-437-9340 (x113). Address 1207 8th St

Pre-natal Care

Women's Health Center, at the Pavilion, 2559 Medical Dr Suite D; (575) 446-5385

Ben Archer Medical Center 443-8133

2150 S. Hwy 54, Alamogordo

Pregnancy Help Center 434-5525

Pregnancy Tests, Limited Sonograms

Pregnancy Verifications for Medicaid

Building Blocks Program

Parent Power Workshops

24/7 Dads Group

Pediatrics care

Pediatrics of Alamogordo GCRMC

2559 Medical Drive, Suite D

575-446-5650 with 24-Hour Answering Service

Ben Archer Medical Center 443-8133;

2150 S. Hwy 54, Alamogordo

Bloom & Grow Pediatrics, Cloudcroft

575-682-2002; 1315 Burro Ave

Presbyterian Medical Services

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft James Cnyn (Hwy 82) 682-2542

Tularosa 111 Central Avenue 585-1250

Chaparral 204 Angelina Boulevard 824-8100

Dr. Dan Moezzi & Dr. Kay Banikarim

2474 Indian Wells 443-0339

White Mountain Medical 575-630-8350

121 El Paso Rd, Ruidoso

Parenting Classes

CHINS Circle of Security 434-3011

Ben Archer - Welcome Baby 443-8133

Breastfeeding Assistance

WIC in **Alamogordo** 437-9093

Mommy Café, 1st Thursday/ month 4:30-6:30pm

GCRMC, contact: 443-7652

Childbirth Classes

GCRMC OB Floor (575) 443-7640

LCMC OB Floor (575) 257-8275

NM Doulas (575) 495-2545 nmdoulas@gmail.com

Hospitals:

Gerald Champion Regional Medical (GCRMC) 439-6100

2669 Scenic Drive, Alamogordo

Lincoln County Medical Center (LCMC) 575-257-8200

211 Sudderth, Ruidoso

Sliding Scale Clinics – Federally Qualified Health Ctrs.

Ben Archer Medical Center 443-8133, 2150 S. Hwy 54;

Presbyterian Medical Services (PMS) clinics:

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft Hwy 82, west side of town 682-2542

Tularosa 111 Central Avenue 585-1250

Material assistance OR financial assistance:

Income Support Division 437-9260 Or 1-800-826-4468

2000 Juniper, Alamogordo.

<https://www.hsd.state.nm.us/lookingforassistance/apply-for-benefits/>

Southwest Community Action Corp. 437-1364

906 Adams, Alamogordo. Rent, mortgage, utility,

prescription assistance.

<https://www.snmcac.com/programs-services/>

Love INC 439-5683 *Call for appointment*

1106 Ohio Ave -Professional clothes; furniture; PNM

fund; food pantry.

Paula's Amazing Grace 415-1388 & FaceBook

Healthcare Assistance

Otero Co. Health Services 437-7427. 1101 New York Ave

(Also - disposition of indigent deceased persons.)

Health Insurance exchange: 1-833-862-3935

<https://www.bewellnm.com/>

GCRMC Community Connections (navigation) 446-5771

Counseling & Support

NM CRISIS & Access Line 855 662-7474 Free anytime

PMS Behavioral Services 437-7404. 2360 Indian Wells

GCRMC Behavioral Medicine Outpatient 446-5300

GCRMC Behavioral Medicine Inpatient 446-5310

The Counseling Center 488-2500. 1900 10th Street:

- Canyon Light Substance Use Counseling
- DWI School
- Otero Overdose Prevention, Facebook
- Community Reunification

Counseling & Support, continued

Brighter Days Alamogordo C. Kasbohm 489-6171
Blue Sky Counseling 443-6166
CHINS – children’s counseling 434-3011
Open Minds Healing & Recovery 489-4616
Pregnancy Crisis Center 434-5525
Warm line – certified peer support 855 466-7100
Inpatient addiction recovery Mesilla Valley Hospital -
800-877-3500

Sexual Assault Exam (SANE)

24 hour Hotline 430-9485

Domestic Violence

COPE Hotline 24-hour 437-2673 (437-COPE)
New Mexico Coalition Against Domestic Violence
(Albuquerque) (505) 246-9240

Diabetes Education 437-0231, Otero Cooperative
Extension Services or www.pathstohealthnm.org/

Diabetes Management

Dr. Lancaster at **GCRMC**, 2579 N Scenic Dr 446-5100
VDex – 2474 Indian Wells Rd. 488-2720
GCRMC – D. Giroux, Cert. Diabetes Educator 443-6262

Child Care Assistance

CYFD 434-9770
CHINS 434-3011

Early Childhood Intervention

Alamogordo Headstart 434-6313
Tularosa Headstart 585-4818
La Luz Headstart 437-4485
Zia Therapy Center 439-4900
Behavior Change Institute, (575) 415-1249
1200 White Sands Blvd - Suite 121
www.BehaviorChangeInstitute.com

Car Seats

Ben Archer 575-443-8133 or 575-373-3088
Families First (505) 660-7694
APD Car Seat clinic – once per month, call for date &
time: 439-4325 x136

Special Needs/ Developmentally Delayed

Zia Therapy Center, 439-4900; 900 1st Street
Preschool services; services for developmentally delayed
or disabled clients, respite. Early Intervention screening.
<http://www.ziatherapy.org/>

Parents Reaching Out (Albuquerque- serves all of New
Mexico) (800) 524-5176 family support with special
needs, information, referrals, support.

Otero Co. Advocates for people with DD 575 921-2193

Children Youth Families Department (CYFD)

434-5950 Adoption, counseling, day care subsidy,
Information & referral. Protective services for children,
youth services, critical care in-home. Foster care.

Child Protective Services hotline (855) 333-7233
or #7233 from cell phone

Housing Assistance

Housing Authority 437-5621; 104 Avenida Amigos
Habitat for Humanity 437-6562; 1109 10th St
HUD voucher program, (575) 622-0881
Las Rosas, 1513 Fairview, Tularosa 585-9848
Villa De Tularosa 1205 Monte Vista 585-2859
Weatherization Assistance Program (575) 523-1639 or
1-800-657-8967 website: swnm.org
NM Emergency Rental Assistance Program
<https://www.renthelpnm.org/>
Mescalero Apache Housing (575) 464-9238

Transportation Services

<http://www.ztrans.org/> 439-4971
Z-Trans also provides **Para Transit** door-to-door
Transportation: Blue Cross & Blue Shield. Questions and
cancellations 1-866-418-9829. **TTY (1-866) 288-3133**
Epilepsy Foundation local contact:
Text: 575-322-6227 or email: ef4alamo@outlook.com
Medicaid Dentists
Kids Kare 439-5439
Ben Archer Medical Center 443-8133
Smiles Forever We Care 437-8994

Adult Education Services

PACE at NMSU-A 439-3812 Group & individual
instruction preparation for diploma equivalency exams;
English as a second language (ESL); college prep.
NMSU-Alamogordo 575-439-3600 <https://nmsua.edu/>

Self Help - legal referrals

Self Help walk-in program 437-7310 x 146 & 147
Courthouse, 1000 New York Ave, 2nd floor. M – F 8-5

Senior Centers; Senior Meals; Disability Resources:

Alamogordo 439-4150; 2201 Puerto Rico Ave
Information, services, Meals on Wheels and group meals
Tularosa Senior Center

(575) 585-4532; 35 Radio Road, Tularosa
Sacramento Mountains Senior Center (Three locations)
682-3022 <http://www.mtnseniors.com/>

Commodity Supplemental Food Program (CSFP)

575-622-8700 Available in Alamogordo, Tularosa &
Mescalero. **Seniors only**, over age 60

Aging & Disability Resource Center 800-432-2080

Independent Living Resource Center

439-1112 v/tty; 9th & Cuba Ave. Advocacy for persons
with disabilities and Medicaid Assisted Services Program

UNM 24-hour Nurse Advice Line 1-877-925-6877

Nurse advice lines

Presbyterian 1-888-730-2300
Western Sky 1-844-543-8996

Medicaid Member Services

Presbyterian 1-888-977-2333
BCBS 1-866-689-1523
Western Sky 1-844-543-8996

Help lines/ Hot Lines

Adult Protective Services (866) 654-3219
COPE Crisis Line Domestic Abuse (575) 437-2673
NM Crisis & Access Line (855) 662-7474
NM Peer warm line (855) 466-7100
PMS Behavioral Health (575) 437-7404
CYFD Child Protective Services (855) 333-SAFE

or #7233 from cell phone

NM Child Support help line (800) 288-7207
American Diabetes (800) 232-3472
CDC AIDS Hotline (800) 232-4636
National Child Abuse Hotline (800)-422-4453
National Drug Abuse Hotline (800)-662-4357
National Poison Control (800)-222-1222
Suicide.org (866) 435-7166
Agora Crisis Ctr. (866) 435-7166 or (505) 277-3013

Chat line: www.crisischat.org

National Suicide Hotline (800) 273-8255
Sexual Assault Nurse Exam Hotline (575) 430-9485
12th Judicial Victim Assist. (575) 437-3640
Child Support Hotline 1-800-288-7207
Legal Aid 1-833-545-4357

LGBTQ+ support sites pflag.org

<https://www.thetrevorproject.org/get-help/>

<https://www.healplusnm.org/>

Reintegration After Incarceration Support:

Wings For LIFE International
8226 Menaul Blvd NE #130
Albuquerque, NM 87110
505-554-6698 cell or 505-298-0985 office

AnnEdenfield@WingsFLI.org

<https://www.wingsFLI.org/>

Support Groups

Alcoholics Anonymous 430-9502 (Otero & Lincoln hotline)
Groups in Alamogordo, Tularosa, Cloudcroft, Mayhill.

For up-to-date meeting days/ times/ locations:
<https://nm-aa.org/> or text 430-9502.

Al-a-Non support group: Our Savior Church, 437-2970
Thursdays noon, 1212 Washington, Alamogordo
Bethel Baptist Church, 437-7311, Mon. & Thurs. 7pm
1316 Scenic, Alamogordo

Over-eaters Anonymous Bethel Baptist, Thurs. 5:45 pm
Grief Support Group Bethel Baptist; Sundays 6pm
except 1st Sunday/ month.

Post-partum support: (915) 637-6114

NAMI Family Support <http://www.nami-snm.org/>

Caregiver Support Group, GCRMC 439-6100

Gay Straight Alliance at Alamogordo High School,
contact: Kaitlyn McCoy, 812-6500

The Counseling Center 488-2500. 1900 10th Street
LGBTQ group, additional group sessions.

Suicide prevention training:

QPR training: Maureen Schmittle at local Health Office,
437-9340 ext 5 maureen.schmittle@state.nm.us

Or <https://www.forwardflag.org/about.html>

Department of Veterans' services: 437-4635

411 10th Street, room 107

VA Primary Care Clinic – Alamogordo

437-9195 White Sands Mall

Veteran's housing assistance:

Veteran's Integration Center:

<https://nmvic.org/apply/>

(575) 551-6659

1900 23rd Street

Operation Homefront 877-264-3968,

<http://www.operationhomefront.org/>

Housing Assistance for Veterans (HAVEN)

<https://www.fhfb.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx>

(call for availability of funds)

Lowe's Home Improvement 442-4000

Home Depot 443-8015

USDA program for rehab grant

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

Vision needs/ eye-glass assistance

Lions Club - application can be picked up at Twice Blessed Thrift Shop, 2920 N White Sands Blvd, Alamogordo

Other Services

Lost Medicaid card 1-888-997-2583

NM Workforce Connection 437-9210; 901 Alaska Ave

Baby's First Wish Newsletter 437-0231

Social Security Admin 1-800-772-1213

Mentoring - Big Brothers Big Sisters in Otero County
906 Virginia Ave; 434-3388

COVID resources:

<https://www.nmnativeledorgs.com/>

Native-Led COVID-19 Resource Map

<https://cv.nmhealth.org/>

COVID hotline 1-855-600-3453

non-health related COVID 1-833-551-0518

Notes:

For a complete list of **Behavioral Health Providers**, please request the "Community Mental Health Guide" (Alamogordo Public Schools)

For community meals & food pantries, see the "**Food Pantry and Meal Resources Guides**" at

<https://oteroextension.nmsu.edu/otero-county-food-resour.html>

Update information on this list, or request electronic copies: 437-9340 x5 maureen.schmittle@state.nm.us